

Resources for People with an NPEs

FACEBOOK GROUPS

- Adoptees, NPEs, Donor Conceived & Other Genetic Identity Seekers
- Cross Cultural Connections from a DNA Surprise or MPE
- DNA NPE Friends
- DNA Surprise Support for MPE Family & Friends
- DNA Surprises Support Group
- DNAngels NPE/MPE DC Search & Support
- MPE Jewish Identity and DNA Surprises
- MPE Life: DNA Surprise, NPE, Adoptee, & Donor Conceived (DCP)

DOCUMENTARIES

- Doubting Thomas
- Little White Lie
- Stories We Tell

CONFERENCE & RETREATS

- DNA Surprise Retreat: NPEs, DCP, & Adoptees
- Untangling Our Roots: Annual Conference

PODCASTS/AUDIO

- CutOff Genes
- DNA Surprises
- Everything's Relative
- Family Secrets
- Family Twist
- Missing Pieces - NPE Life
- NPE Stories
- Sex, Lies & the Truth
- The Bradley Hall Show

CHILDREN'S BOOKS

- *A Family Is a Family Is a Family*, Sara O'Leary
- *Where Is My Dad?*, Ambry L Ivy & Taylor Ivy.
- *I Didn't Leave Because of You*, Tyechia White
- *Families Come in Many Forms*, Bella Mei Wong
- *Families, Families, Families*, Suzanne Lang
- *From the Start*, Stephanie Levich & Alana Weiss
- *It's NOT the Stork! A Book about Girls, Boys, Babies, Bodies, Families, and Friends*, Robie H. Harris
- *The Family Book*, Todd Parr

DNA Search Help

- DNAngels



BOOKS FOR ADULTS

- *A Broken Tree: How DNA Exposed a Family's Secrets*, Stephen F Anderson
- *Ancestry Discoveries*, Annette L Becklund
- *Black Lotus*, Sil Lai Abrams
- *Blueprint: How DNA makes us who we are*, Robert Plomin
- *Cinematic Roots: Explore Assisted Reproduction, Adoption, NPE, and DNA Surprise Terms Through Movies*, Kara Rubinstein Deyerin
- *DNA: Did Not Anticipate*, J Steven Osborne
- *Exposed by DNA*, KS Hopkins
- *Finding My Roots: A Journal of Discovery & Reunification*, DNAngels
- *Folksong: A Ballad of Death, Discovery, and DNA*, Cory Goodrich
- *How DNA Testing Is Upending Who We Are: The Lost Family*, Libby Copeland
- *I Had My Underwear on the Entire Time*, Michael and Amy Blair
- *Junkyard Girl: A Memoir of Ancestry, Family Secrets, & Second Chances*, Carlyn Montes De Oca
- *My Re-Birthday Book: This is My Story for adoptees, donor conceived, and people with an NPE, who are misattributed, or who've had a DNA surprise*, Kara Rubinstein Deyerin JD
- *My Surprise Family: Find Your Ancestry Story*, Margaret M. Nicholson, PhD
- *NPE: A Story Guide for Unexpected DNA Discoveries*, Leeanne R. Hay
- *Raceless*, Georgina Lawton
- *The Dark Little One*, Shirley Munoz Newson
- *The Milkman's Son*, Randy Lindsay
- *The Stranger in My Genes*, Bill Griffith
- *The Survivors: A Story of War, Inheritance, and Healing*, Adam P Frankel
- *What They Never Told Us: True Stories of Family Secrets & Hidden Identities Revealed*, Gail Lukasik
- *Who Am I?: Identity in the Age of Consumer DNA Testing*, Dr. Anita Foeman & Bessie Lawton
- *Who Even Am I Anymore?* Eve Sturges, LMFT
- *Who's My Daddy: A Tale of DNA Surprises and Discovery*, Joel Gottfried



Resources for DCP



FACEBOOK GROUPS

- Adoptees, NPEs, Donor Conceived & Other Genetic Identity Seekers
- Anonymous US
- DNA for the Donor Conceived
- DNA Identity Surprise & This MPE Life
- Donor Children
- Donor Conceived Offspring, Donors, Parents
- Donor Sibling Registry
- Friends of Donor Conceived Individuals
- Gen Z Donor Conceived People
- International Donor Offspring Alliance
- We Are Donor Conceived
- Worldwide Donor Conceived People Network



DOCUMENTARIES/FILMS

- Anonymous Father's Day
- Baby God
- Donor Unknown
- Father Mother Donor Child
- Filling in the Blanks



PARENTING BOOKS

- *Three Makes Baby*, Jana Rupnow

CONFERENCES & RETREATS

- DNA Surprise Retreat: NPEs, DCP, & Adoptees
- Untangling Our Roots: Annual Conference



BOOKS FOR ADULTS

- *Blueprint: How DNA makes us who we are*, Robert Plomin
- *Brave New Humans*, Sarah Dingle
- *Chosen Family*, Kiara Rae Schuh
- *Cinematic Roots: Explore Assisted Reproduction, Adoption, NPE, and DNA Surprise Terms Through Movies*, Kara Rubinstein Deyerin
- *Experiences of Donor Conception: Parents, Offspring & Donors through the Years*, Caroline Lorbach
- *Finding My Roots: A Journal of Discovery & Reunification*, DNAngels
- *Go Ask Your Father: One Man's Obsession with Finding His Origins Through DNA Testing*, Lennard Davis
- *Inheritance: A Memoir of Genealogy, Paternity, and Love*, Dani Shapiro
- *My Re-Birthday Book: This is My Story*, Kara Rubinstein Deyerin
- *Normal Family: On Truth, Love, and How I Met My 35 Siblings*, Chrysta Bilton
- *Relative Strangers: Family Life, Genes, and Donor Conception*, Peter Nordqvist and Carol Smart
- *Scattered Seeds*, Jacqueline Mroz
- *The Genius Factory*, David Plotz



- *The Ones We Choose*, Julie Clark
- *The Right to Know One's Origins: Assisted Human Reproduction and The Best Interests of Children*, Juliet Guichon, et al.
- *Thicker than Water*, Kerry Washington
- *Triple Helix*, Lauren Burns
- *Uprooted*, Peter J. Boni
- *Who Am I: Experiences of Donor Conception*, Dr. Alexina McWhinnie

CHILDREN'S BOOKS

- *And Tango Makes Three*, by Justin Richardson
- *Building My Family: A Story of Egg Donation & Surrogacy*, Carrie Eichberg, Psy.D.
- *Extra*, Kaeleigh MacDonald
- *Families Come in Many Forms*, Bella Mei Wong
- *From the Start*, Stephanie LeVich & Alana Weiss
- *Hope and Will Have a Baby: The Gift of Egg Donation*, Irene Celcer
- *It's NOT the Stork! A Book about Girls, Boys, Babies, Bodies, Families, and Friends*, Robie H. Harris
- *Little Treasure*, Anat Georgy
- *Meeting My Brother*, Jennifer L. Dukoff
- *My Extra Special Leaves*, Jean Wrights
- *Our Story: How We Became A Family Series*, Nina Barnsley and Stephanie Clarkson
- *Ready-Made Sweetie: All Mixed Up*, Whitney Williams
- *Sophia's Broken Crayons: A Story of Surrogacy from a Young Child's Perspective*, Crystal Falk
- *The Chicken Who Couldn't Lay Eggs*, Sabine-Julie De Brus
- *Telling and Talking Booklets*, UK DC Network
- *Training Wheels; How Did I Get Here*, Chris Barrett and Sally B. Hunter
- *What Makes A Baby*, by Cory Silverberg
- *Zach's Safari: A Story about Donor Conceived Kids of Two-Mom Families*, Christy Tyner



PODCASTS/AUDIO

- BioHacked
- Go Ask Your Father
- Half of Us (Half of Me)
- Insemination
- Luke, Who is Your Father?
- Message in a Bottle
- Three Makes Baby
- You Look Like Me



Resources for Adoptees

FACEBOOK GROUPS

- Adopted Adults Support Group
- Adoptees in Search of Their Birth Family
- Adoptees Only
- Adoptees Only: Found/Reunion The Next Chapter
- Adoptees Supporting Adoptees
- Adoptees, NPEs, Donor Conceived & Other Genetic Identity Seekers
- Adoption Healing Network
- Adoption Reunion Search and Support Group
- Adoption Search & Support by DNAngels
- Adult Adoptees of Color
- Adult Adoptees Support Group
- Cross Cultural Connections from a DNA Surprise
- DNA Adoptee Research & Reunion
- DNA NPE Friends
- DNA Surprises Support Group
- DNAngels Search & Support – NPE/DC
- Find Birth Parents, Siblings, Adoptees and Family
- Korean Adoptees
- MPE Jewish Identity & DNA Surprises
- MPE Life: DNA Surprise, NPE, Adoptee, & Donor Conceived
- The Adoptee in Me



- Secrets & Lies
- Six Word Adoption Memoir Project
- The Girl in the Picture
- The Good Adoptee
- The Lost Child
- The Other Mother: A Moment of Truth
- Three Identical Strangers
- Twinsters
- You Follow: A Search for One's Past

PODCASTS/AUDIO

- Adapted Podcast
- Adoptees On
- Adoption Advocacy
- Adoption Unfiltered
- Black to the Beginning
- Born in June, Raised in April
- Conversations About Adoption
- Dear Adoption
- Jigsaw Queensland
- Luke, Who is Your Father?
- The Adoptee Next Door
- Who Am I Really
- Once Upon a Time In Adopteeland



Saving Our Sisters

ORGANIZATIONS

- Adoptees Connect
- Adoption Knowledge Affiliates
- Adoption Mosaic
- Adoption Network Cleveland
- Adoption Search Resource Connection (ASRC)
- Celia Center
- Coalition for Truth & Transparency in Adoption (CTTA)
- Concerned United Birthparents (CUB)
- DNAngels
- Male Adoptees
- National Association of Adoptees & Parents
- Right to Know
- Saving Our Sisters
- Watershed DNA

CONFERENCE & RETREATS

- Adoption Initiative Conference - St. John's University
- Adoption Knowledge Affiliates Conference
- Against Child Trafficking Symposium
- Alliance for the Study of Adoption and Culture Conference
- Celia Center Los Angeles Virtual Adoption Symposium
- Concerned United Birthparents Retreat
- DNA Surprise Retreat: NPEs, DCPs, & Adoptees
- Korean Adoptee Adoptive Family Conference
- Male Adoptee/Alumni Impact Summit
- National Association of Adoptees and Parents Mini Retreats
- Rudd Adoption Research Conference
- Untangling Our Roots Summit



ADOPTION KNOWLEDGE AFFILIATES

DOCUMENTARIES

- @ghostkingdom
- Adopted: for the Life of Me
- Blank
- Calcutta is My Mother
- Closure
- Dan Rather Presents: Unwanted in America
- Father Unknown
- Lion
- Open Secret
- Philomena
- Reckoning with The Primal Wound



CTTA

Good Policy for Everyone.

Resources for Adoptees continued



ADOPTIVE PARENT & KINSHIP CARE

- Adoptive and Foster Family Coalition NY
- Adoptive Parents Committee
- Aptitude: A Support Group for Adoptive Parents Facing Adoption's Challenges
- Center for Adoption Support and Education
- Encompass Adoptees
- I am adopted
- Kinship Caregiver Virtual Support Group
- National Center on Adoption and Permanency
- The Honestly Adoption Company
- DVD Series: Adoptive Parent Training

CHILDREN'S BOOKS

- *Adoption Is Both*, Elena S Hall
- *I've Loved You Since Forever*, Juliette C. Bond
- *Sam's Sister*, Juliette C. Bond
- *Surrounded by Love: An Open Adoption Story (Open Adoption Stories)*, Allison Olson
- *Tell Me Again About the Night I was Born*, Jamie Lee Curtis
- *The Story of My Open Adoption: A Storybook for Children Adopted at Birth*, Leah Campbell

MIDDLE AGE BOOKS

- *For Black Girls Like Me*, Mariama J. Lockington
- *See No Color*, Shannon Gibney
- *The How and The Why*, Cynthia Hand
- *The Inexplicable Logic of My Life*, Benjamin Alire Sáenz
- *The King of Slippery Falls*, Sid Hite
- *The Length of a String*, Elissa Brent Weissman



ADOPTION NETWORK
CLEVELAND
THE OHIO FAMILY CONNECTION
Advocate • Educate • Support

BOOKS FOR ADULT ADOPTees

- *A Fire is Coming*, Emma Stevens
- *Adoption Unfiltered: Revelations from Adoptees, Birth Parents, Adoptive Parents, and Allies*, Sara Easterly, Kelsey Vander Vliet Ranyard, and Lori Holden
- *Austerlitz*, W.G. Sebald
- *Akin to the Truth / After the Truth*, Paige Strickland
- *All You Can Ever Know*, Nicole Chung
- *American Baby*, Gabrielle Glaser
- *Birthmark*, Loraine Dusky
- *Cinematic Roots: Explore Assisted Reproduction, Adoption, NPE, and DNA Surprise Terms Through*

Movies, Kara Rubinstein Deyerin

- *Coming Home to Self: The Adopted Children Grows Up*, Nancy Verrier
- *Finding Karen Black: Roots Become Wings*, Diane Bay
- *Forbidden Roots*, Fred Nicora
- *Growing Up Black in White*, Kevin Hofmann
- *Hole in My Heart*, Loraine Dusky
- *I'll Always Carry You: A Mother's Story of Adoption*, Linda Franklin
- *In Their Own Voices: Transracial Adoptees Tell Their Stories*, Rita J. Simon and Rhonda M. Roorda
- *My Re-Birthday Book: This is My Story*, Kara Rubinstein Deyerin
- *No Names to be Given*, Julia Brewer Daily



- *Parallel Universes: The Story of Rebirth*, David Bohl
- *Recycled*, Jack F Rocco MD
- *Second Choice: Growing Up Adopted*, Robert Andersen
- *Tapioca Fire*, Suzanne Gilbert and Michelle Kriegman
- *Thank God I Was Adopted: 'Cause DNA is No Joke!*, Pekitta Tynes
- *The Child Catchers*, Kathryn Joyce
- *The Family of Adoption*, Dr. Joyce Maguire Pavao
- *The Girls Who Went Away*, Ann Fessler
- *The Goodbye Baby: Adoptee Diaries*, Elaine Pinkerton
- *The Lies That Bind*, Lauren Pittman
- *The Other Mother*, Carol Schaefer
- *Relinquished: The Politics of Adoption and the Privilege of American Motherhood*, Gretchen Sisson
- *The Primal Wound*, Nancy Verrier
- *The Truth So Far*, Jennifer Dyan Ghoston
- *You Don't Know How Lucky You Are*, Rudy Owens
- *You Don't Look Adopted*, Anne Hebron
- *You Should Be Grateful*, Angela Tucker
- *You'll Forget This Ever Happened*, Laura Engel
- *Who Am I Really*, Damon Davis
- *Why Be Happy When You Can Be Normal?*, Jeanette Winterson

